



Discover the Power of Ayurveda with Aastik

ANCIENT WISDOM MODERN MARVEL

www.aastikayurveda.com



ABOUT US



MISSION:

Catering Health Needs of One Individual,
One Society, One Nation at a Time

VISION:

To deliver Ayurveda in its whole glory with our professional expertise & experience, by strict quality control on raw material & manufacturing process by keeping science & research as a core foundation of our organization

VALUE:

Trust & Commitment to Service

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PRODUCT RANGE

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Enhances Your Digestion & Metabolism

Rasadi Dhatu Poshan



Soothing Solution For Hyperacidity

Pittaja Ajirna



UPPER GIT

Healthy state of GIT, timely appetite, proper digestion and absorption of food is the base for the health of the body as a whole.

Tastik helps to ignite healthy appetite, by its action on the uppermost part of GIT through the stimulation of taste receptors and release of digestive juices.

AcidoNik ensures a healthy pH level in the stomach, preventing hyperacidity and its subsequent complications - sour belching, G.E.R.D., gastric ulcers.



TASTIK

Rasadi Dhatu Poshan

Enhances Your
Digestion
& Metabolism

Dosage & Duration:

5-10 GM for 15 days to
1 month, or as directed
by physician.

Indications:

I.B.S. / Malabsorption
Ulcerative colitis
Nausea
Reduced appetite in kids and
during pregnancy
Anaemia

Mode of Action:

Stimulates appetite
Corrects digestive enzyme secretion
Improves digestion and absorption



ACIDONIK

Pittaja Ajirna

Soothing Solution
For Hyperacidity

Dosage & Duration:

5-10 GM for 15 days to
1 month, or as directed
by physician.

Indications:

G.E.R.D.
Gastric ulcer
Liver disorders
Heartburn
Stomatitis

Mode of Action:

Antacid
Mild laxative
Cholagogue
Anti-ulcerogenic
Protects gastric mucosa

The Ultimate Solution for Indigestion & Bloating

Kaphaja Ajirna



Gentle Relief From Constipation

Vataja Ajirna



LOWER GIT

GasoVik assists digestion of food in Lower GIT as well helps to maintain healthy state of intestinal flora and proper peristalsis.

LaxoNik offers a safe, non-habit-forming laxative solution for constipation.

Healthy gut – healthy body and mind.

Maintaining healthy state of gut, our products contribute to the general health.



GASOVIK

Kaphaja Ajirna

Ultimate Solution
for Indigestion
& Bloating

Dosage & Duration:

5-10 GM for 15 days to
1 month, or as directed
by physician.

Indications:

Indigestion, Constipation
Bloating, Flatulence
Non bleeding piles
Dysmenorrhoea
Dyslipidaemia

Mode of Action:

Carminative
Antispasmodic and Analgesic
Relieves Abdominal Distention
Increases Absorptive and
Assimilative Capacity of G.I.T.



LAXONIK

Vataja Ajirna

Gentle Relief From
Constipation

Dosage & Duration:

5-10 GM for 15 days to
1 month, or as directed
by physician.

Indications:

Constipation
Hyperacidity
Skin diseases
Liver disorders
Non bleeding piles

Mode of Action:

Mild laxative
Safely relieves constipation
Doesn't form a habit on regular use


Aastik™



**Aid To Fight
Infectious Diseases**

Aupasargik roga



INFECTIOUS DISEASES

Through its potent antiviral, antimicrobial and antipyretic action

Yronik helps the body natural defence mechanisms to combat against seasonal infectious diseases caused by various pathogenic microorganisms, climatic changes & weak immunity, manifesting with symptoms such as fever, cough & cold.



YRONIK

Aupasargik roga

Aid To Fight
Infectious Diseases

Dosage & Duration:

5-10 GM for 15 days to
1 month, or as directed
by physician.

Indications:

Allergy
Malaria
Typhoid
Skin Diseases
Liver Disorders
Intermittent Fever
Viral fever (Chikungunya,
Dengue, etc)

Mode of Action:

Antiviral
Antiallergic
Antimicrobial
Anti-inflammatory

Direction for consumption:

- 1.Mix 5-10 grams of powder with 50 ml of hot water and stir well.
- 2.Let it settle for a while.
- 3.Drink the mixture when it is comfortably warm.





**Heals, Protects &
Nourishes Bones &
Vascular System**

**Asthi Majja Dhatu
Poshan**



BONES

Vajraortho is a unique combination of herbal extracts which helps in faster recovery after bone fractures and ligament injuries and prevents age related degenerative changes in bone tissue ensuring it's proper nourishment.



VAJRORTHO

Asthi MajjaDhatu
Poshan

Heals, Protects &
Nourishes Bones &
Vascular System

Dosage & Duration:

1 Tab. B.i.d for 15 days to
1 month, or as directed
by physician.

Indications:

Bone fracture
Ligament injuries
Osteoarthritis
Osteoporosis
Varicose veins

Mode of Action:

Analgesic
Anti-inflammatory
Promotes healing and
remineralization of bones
Improves blood circulation
Prevents age related bone
degeneration

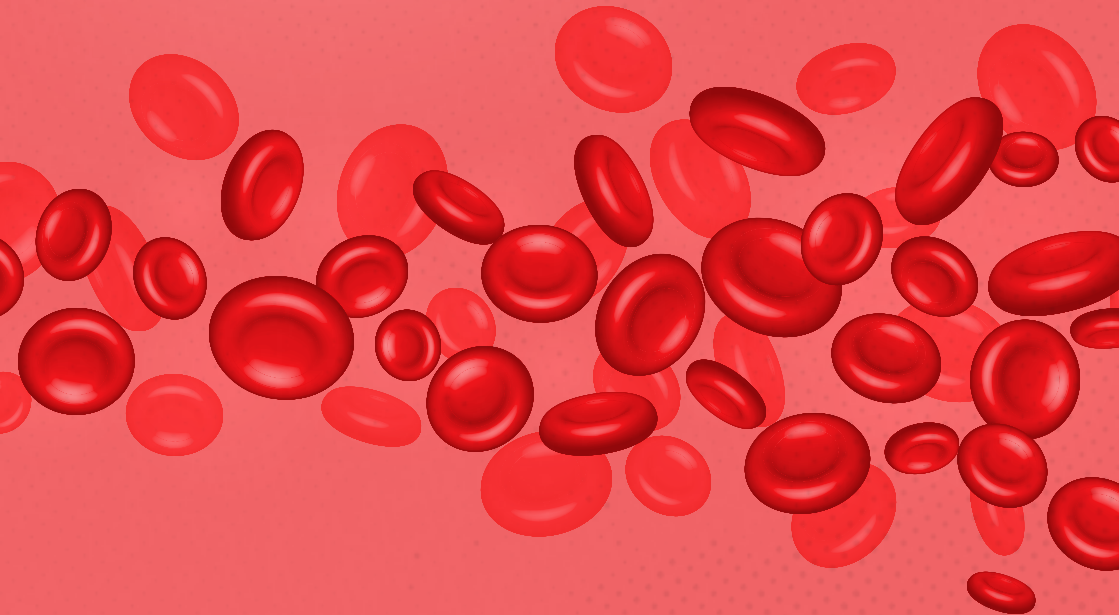



AastikTM



**Promotes Proper
RBC Formation**

**Rakta Dhatu
Poshan**



ERYTHROPOIESIS

Praktan is a trusted formula to prevent and reverse anaemia and iron deficiency related symptoms such as generalized weakness, fatigue, cardiac debility by improving formation, size, shape and oxygen binding capacity of RBC.



PRAKTAN

RaktaDhatu
poshan

Promotes Proper
RBC Formation

Dosage & Duration:

1-2 Tab. B.i.d for 15 days to
1 month, or as directed
by physician.

Indications:

Anaemia
Liver disorders
Cardiac weakness
Generalised fatigue
Hypertension and tachycardia

Mode of Action:

Detoxifies liver
Improves cardiac health
Stimulates erythropoiesis
Enhances blood circulation
Reduces weakness and fatigue





**For Healthy Female
Reproductive Tract**

Yoni Vyapad



GYNAECOLOGICAL DISEASES

Leucojit is an innovative combination designed to support the health of female reproductive system and fight against a wide range of gynaecological problems formulated with expertise of 30+ years in gynaecological clinical practice.



LEUCOJIT

Yoni Vyapad

For Healthy Female
Reproductive Tract

Dosage & Duration:

1-2 Tab. B.i.d for 15 days to
1 month, or as directed
by physician.

Indications:

DUB
Menorrhagia
Leucorrhoea
Uterine Prolapse
Vulvovaginitis
Itching, Pain & Burning Sensation

Mode of Action:

Antifungal
Antimicrobial
Checks abnormal discharge
Provides strength to the female
reproductive system




Aastik™



**Healthy Urogenital
System**

**Udakavaha
Sroto Vikara**



KIDNEYS AND URINARY SYSTEM

Renovik Is a Combination of synergistic classical Ayurvedic formulations to combat a wide spectrum of urinary disorders and support urogenital health.



Renovik

Udakavaha
Srotovikara

Healthy Urogenital
System

Dosage & Duration:

1-2 Tab. B.i.d for 15 days to
1 month, or as directed
by physician.

Indications:

Dysuria
Urinary calculi
Urinary Tract Infection
Chronic Kidney Disease
Benign Prostatic Hyperplasia
Oedema due to renal diseases

Mode of Action:

Diuretic
Lithotropic
Antimicrobial
Antihypertensive
Nephroprotective
Anti-inflammatory



APPENDIX - I

Contents Of Granules & Powders

TASTIK[®]

Ingredients:

Each 10 gm contains	
Ajwain (Trachyspermum ammi)	200 mg
Sunthi (Zingiber officinale)	400 mg
Pippli (Piper longum)	300 mg
Dhanyak (Coriandrum sativum)	400 mg
Jeerak (Cuminum cyminum)	400 mg
Marich (Piper nigrum)	200 mg
Hing (Ferula narthex)	20 mg
Patrak (Cinnamomum tamala)	200 mg
Ela (Elettaria cardamomum)	200 mg
Twak (Cinnamomum zelynicum)	200 mg
Dadim Sd (Punica granatum)	2 GM
Saindhav	1 GM
Sauvarchal Lavan	1 GM
Sharkara	3.2 GM
Permitted Excipients & Preservatives	Q.S.

ACIDONIK[®]

Ingredients:

Each 10 gm contains	
Musta (Cyperus rotundus)	60 mg
Sukshma ela (Elettaria cardamomum)	60 mg
Tejapatra (Cinnamomum tamala)	60 mg
Lavanga (Syzygium aromaticum)	699 mg
Trivrit (Operculina turpethum)	2.7 GM
Trikatu (Ayurveda Classical Formulation)	190 mg
Vida namak (salt)	60 mg
Yastimadhu (Glycyrrhiza glabra)	380 mg
Triphala (Ayurveda Classical Formulation)	190 mg
Permitted Excipients & Preservatives	Q.S.

GASOVIK[™]

Ingredients:

Each 10 gm contains	
Ajmoda (Trachyspermum ammi)	470 mg
Shweta jeerak (Cuminum cyminum)	470 mg
Krishna jeerak (Carum carvi)	470 mg
Bal haritaki (Terminalia chebula)	3.3 GM
Saindhava lavana (Rock Salt)	470 mg
Trikatu (Ayurveda Classical Formulation)	1.42 GM
Hingu (Ferula asafoetida)	59 mg
Permitted Preservative & Excipients	Q.S.

LAXONIK[®]

Ingredients:

Each 10 gm contains	
Saunf (Foeniculum vulgare)	1 GM
Yashti (Glycyrrhiza glabra)	1 GM
Sonamukhi (Cassia angustifolia)	3 GM
Sh. Gandhak (Purified Sulphur)	0.5 GM
Sita (Sugar)	4 GM
Permitted Excipients & Preservatives	Q.S.

YRONIK[™]

Ingredients:

Each 10 gm contains	
Tulasi (Ocimum sanctum)	1 GM
Guduchi (Tinospora cordifolia)	1 GM
Pittapapada (Fumaria officinalis)	1 GM
Kalmegh (Andrographis paniculata)	1 GM
Bhumyamalki (Phyllanthus niruri)	1 GM
Marich (Piper nigrum)	1 GM
Chakraphool (Illicium verum)	1 GM
Neem (Azadiricta indica)	1 GM
Yashti (Glycyrrhiza glabra)	1 GM
Permitted Excipients & Preservatives	Q.S.

APPENDIX - II

Contents Of Tablets

VAJRAORTHO™

Ingredients:

Each Tablet contains

Hadjod ext. (Cissus quadrangularis)	400mg
Nirgundi ext. (Vitex negunde)	100mg
Shallaki ext. (Boswellia serrata)	100mg
Ashwagandha ext. (Withania somnifera)	30mg
Eranda mula ext. (Ricinus communis)	10mg
Arjuna ext. (Terminalia arjuna)	10mg
Shunti Ext. (Zingiber officinale)	30mg
Piperine (Piper longum)	10mg
Permitted excipients and Preservatives.	Q.S.

PRAKTAN™

Ingredients:

Each Tablet contains

Guduchi ext. (Tinospora cordifolia)	125mg
Swarnmakshik Bhasma (Classical ayurveda formulation)	125mg
Muktashukti Pishti (Classical ayurveda formulation)	125mg
Mandur Bhasma (Classical ayurveda formulation)	125mg
Punarnava ext. (Boerhavia diffusa)	25mg
Bhringraj ext. (Eclipta alba)	25mg
Makoy ext. (Solanum nigrum)	25mg
Bhumyamalki ext. (Phyllanthus amarus)	25mg
Permitted excipients and Preservatives.	Q.S.

LEUCOJIT®

Ingredients:

Each Tablet contains

Yashad Bhasma (Classical ayurveda formulation)	100mg
Kukkutandtwak Bhasma (Classical ayurveda formulation)	100mg
Shankha Bhasma (Classical ayurveda formulation)	200mg
Chincha Beej (Tamarindus indica)	200mg
Bhavana with	
Vatjata (Ficus benghalensis)	Q.S.
Lodhra (Symplocos racemosa)	Q.S.
Udumber (Ficus racemosa)	Q.S.
Permitted excipients and Preservatives.	Q.S.

RENOVIK™

Ingredients:

Each Tablet contains

Gokshuradi guggulu (Classical ayurveda formulation)	125mg
Punarnava mandoor (Classical ayurveda formulation)	250mg
Yavakshara (Classical ayurveda formulation)	125mg
Permitted excipients and Preservatives.	Q.S.



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ANCIENT WISDOM MODERN MARVEL

For Registered Medical Practitioners Only



Parivartan Akademi
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