

## Discover the Power of Ayurveda with Aastik

ANCIENT WISDOM MODERN MARVEL

www.aastikayurveda.com



## **ABOUT US**

### MISSION:

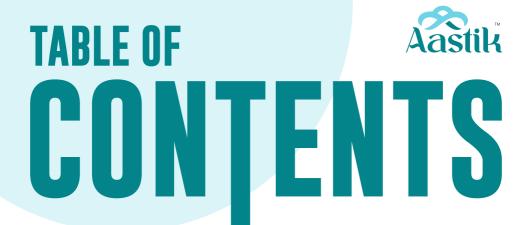
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Catering Health Needs of One Individual, One Society, One Nation at a Time

### **VISION:**

To deliver Ayurveda in its whole glory with our professional expertise & experience, by strict quality control on raw material & manufacturing process by keeping science & research as a core foundation of our organization

> VALUE: Trust & Commitment to Service



**RODUCT RANGE** 

1.	Tastik
2.	Acidonik
3.	Gasovik
4.	Laxonik
5.	Yronik
6.	Vajraortho
7.	Praktan
8.	Leucojit
9.	Renovik

## Enhances Your Digestion & Metabolism

## Rasadi Dhatu Poshan





## Soothing Solution For Hyperacidity

## Pittaja Ajirna





## **UPPER GIT**

Healthy state of GIT, timely appetite, proper digestion and absorption of food is the base for the health of the body as a whole.

**Tastik** helps to ignite healthy appetite, by its action on the uppermost part of GIT through the stimulation of taste receptors and release of digestive juices.

**AcidoNik** ensures a healthy pH level in the stomach, preventing hyperacidity and its subsequent complications - sour belching, G.E.R.D., gastric ulcers.



#### **TASTIK**

#### **Rasadi Dhatu Poshan**

Enhances Your Digestion & Metabolism

#### Dosage & Duration:

5-10 GM for 15 days to 1 month, or as directed by physician.

#### Indications:

I.B.S. / Malabsorption Ulcerative colitis Nausea Reduced appetite in kids and during pregnancy Anaemia

#### Mode of Action:

Stimulates appetite Corrects digestive enzyme secretion Improves digestion and absorption



#### ACIDONIK

#### Pittaja Ajirna

Soothing Solution For Hyperacidity

#### Dosage & Duration:

5-10 GM for 15 days to 1 month, or as directed by physician. G.E.R.D. Gastric ulcer Liver disorders Heartburn Stomatitis

Indications:

#### **Mode of Action:**

Antacid Mild laxative Cholagogue Anti-ulcerogenic Protects gastric mucosa



## The Ultimate Solution for Indigestion & Bloating



## Gentle Relief From Constipation

## Vataja Ajirna





## **LOWER GIT**

GasoVik assists digestion of food in Lower GIT as well helps to maintain healthy state of intestinal flora and proper peristalsis.
LaxoNik offers a safe, non-habit-forming laxative solution for constipation.
Healthy gut - healthy body and mind.

Maintaining healthy state of gut, our products contribute to the general health.



### GASOVIK

#### Kaphaja Ajirna

Ultimate Solution for Indigestion & Bloating

#### **Dosage & Duration:**

5-10 GM for 15 days to 1 month, or as directed by physician.

#### Indications:

Indigestion, Constipation Bloating, Flatulence Non bleeding piles Dysmenorrhoea Dyslipidaemia

#### Mode of Action:

Carminative Antispasmodic and Analgesic Relieves Abdominal Distention Increases Absorptive and Assimilative Capacity of G.I.T.



### LAXONIK

#### Vataja Ajirna

Gentle Relief From Constipation

#### Dosage & Duration:

5-10 GM for 15 days to 1 month, or as directed by physician.

#### Indications:

Constipation Hyperacidity Skin diseases Liver disorders Non bleeding piles

#### Mode of Action:

Mild laxative Safely relieves constipation Doesn't form a habit on regular use







## Aid To Fight Infectious Diseases

## Aupasargik roga



### **INFECTIOUS DISEASES**

Through it's potent antiviral, antimicrobial and antipyretic action **Yronik** helps the body natural defence mechanisms to combat against seasonal infectious diseases caused by various pathogenic microorganisms, climatic changes & weak immunity, manifesting with symptoms such as fever, cough & cold.



#### **YRONIK**

#### Aupasargik roga

Aid To Fight Infectious Diseases

#### Dosage & Duration:

5-10 GM for 15 days to 1 month, or as directed by physician.

#### Indications:

Allergy Malaria Typhoid Skin Diseases Liver Disorders Intermittent Fever Viral fever (Chikungunya, Dengue, etc)

#### **Mode of Action:**

Antiviral Antiallergic Antimicrobial Anti-inflammatory

#### **Direction for consumption:**

1.Mix 5-10 grams of powder with 50 ml of hot water and stir well.

2.Let it settle for a while.

3.Drink the mixture when it is comfortably warm.













## Heals, Protects & Nourishes Bones & Vascular System

## Asthi Majja Dhatu Poshan



### BONES

**Vajraortho** is a unique combination of herbal extracts which helps in faster recovery after bone fractures and ligament injuries and prevents age related degenerative changes in bone tissue ensuring it's proper nourishment.



#### VAJRORTHO

#### Asthi MajjaDhatu Poshan

Heals, Protects & Nourishes Bones & Vascular System

#### Dosage & Duration:

1 Tab. B.i.d for 15 days to 1 month, or as directed by physician.

#### Indications:

Bone fracture Ligament injuries Osteoarthritis Osteoporosis Varicose veins

#### Mode of Action:

Analgesic

Anti-inflammatory

Promotes healing and remineralization of bones

Improves blood circulation

Prevents age related bone degeneration











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## Promotes Proper RBC Formation

## Rakta Dhatu Poshan

### **ERYTHROPOIESIS**

**Praktan** is a trusted formula to prevent and reverse anaemia and iron deficiency related symptoms such as generalized weakness, fatigue, cardiac debility by improving formation, size, shape and oxygen binding capacity of RBC.



#### PRAKTAN

RaktaDhatu poshan Promotes Proper RBC Formation

#### Dosage & Duration:

1-2 Tab. B.i.d for 15 days to 1 month, or as directed by physician.

#### Indications:

Anaemia Liver disorders Cardiac weakness Generalised fatigue Hypertension and tachycardia

#### **Mode of Action:**

Detoxifies liver Improves cardiac health Stimulates erythropoiesis Enhances blood circulation Reduces weakness and fatigue









## For Healthy Female Reproductive Tract

## Yoni Vyapad





### **GYNAECOLOGICAL DISEASES**

**Leucojit** is an innovative combination designed to support the health of female reproductive system and fight against a wide range of gynaecological problems formulated with expertise of 30+ years in gynaecological clinical practice.



#### LEUCOJIT

#### Yoni Vyapad

For Healthy Female Reproductive Tract

#### Dosage & Duration:

1-2 Tab. B.i.d for 15 days to 1 month, or as directed by physician.

#### Indications:

DUB Menorrhagia Leucorrhoea Uterine Prolapse Vulvovaginitis Itching, Pain & Burning Sensation

#### **Mode of Action:**

Antifungal Antimicrobial Checks abnormal discharge

Provides strength to the female reproductive system











## Healthy Urogenital System

## Udakavaha Sroto Vikara



### **KIDNEYS AND URINARY SYSTEM**

**Renovik** Is a Combination of synergistic classical Ayurvedic formulations to combat a wide spectrum of urinary disorders and support urogenital health.



#### Renovik

#### Udakavaha Sroto vikara

Healthy Urogenital System

#### Dosage & Duration:

1-2 Tab. B.i.d for 15 days to 1 month, or as directed by physician.

#### Indications:

Dysuria Urinary calculi Urinary Tract Infection Chronic Kidney Disease Benign Prostatic Hyperplasia Oedema due to renal diseases

#### Mode of Action:

Diuretic Lithotrophic Antimicrobial Antihypertensive Nephroprotective Anti-inflammatory







# **APPENDIX - I**

#### **Contents Of Granules & Powders**

## TASTIK

#### Ingredients:

Each 10 gm contains	
Ajwain (Trachyspermum ammi)	200 mg
Sunthi (Zingiber officinale)	400 mg
Pippli (Piper longum)	300 mg
Dhanyak (Coriandrum sativum)	400 mg
Jeerak (Cuminum cyminum)	400 mg
Marich (Piper nigrum)	200 mg
Hing (Ferula narthex)	20 mg
Patrak (Cinnamomum tamala)	200 mg
Ela (Elettaria cardamomum)	200 mg
Twak (Cinnamomum zelynicum)	200 mg
Dadim Sd (Punica granatum)	2 GM
Saindhav	1 GM
Sauvarchal Lavan	1 GM
Sharkara	3.2 GM
Permitted Excipients & Preservatives	Q.S.

## ACIDONIK®

#### Ingredients:

Each 10 gm contains	
Musta (Cyperus rotundus)	60 mg
Sukshma ela (Elettaria cardamomum)	60 mg
Tejapatra (Cinnamomum tamala)	60 mg
Lavanga (Syzygium aromaticum)	699 mg
Trivrit (Operculina turpethum)	2.7 GM
Trikatu (Ayurveda Classical Formulation)	190 mg
Vida namak (salt)	60 mg
Yastimadhu (Glycyrrhiza glabra)	380 mg
Triphala (Ayurveda Classical Formulation)	190 mg
Permitted Excipients & Preservatives	Q.S.

## **GASOVIK**<sup>™</sup>

#### **Ingredients:**

Each 10 gm contains	
Ajmoda (Trachyspermum ammi)	470 mg
Shweta jeerak (Cuminum cyminum)	470 mg
Krishna jeerak (Carum carvi)	470 mg
Bal haritaki (Terminalia chebula)	3.3 GM
Saindhava lavana (Rock Salt)	470 mg
Trikatu (Ayurveda Classical Formulation)	1.42 GM
Hingu (Ferula asafoetida)	59 mg
Permitted Preservative & Excipients	Q.S.

## LAXONIK®

#### **Ingredients:**

Each 10 gm contains	
Saunf (Foeniculum vulgare)	1 GM
Yashti (Glycerrhiza glabra)	1 GM
Sonamukhi (Cassia angustifolia)	3 GM
Sh. Gandhak (Purified Sulpher)	0.5 GM
Sita (Sugar)	4 GM
Permitted Excipients & Preservatives	Q.S.

## **YRONIK**<sup>™</sup>

#### Ingredients:

Each 10 gm contains	
Tulasi (Ocimum sanctum)	1 GM
Guduchi (Tinospora cordifolia)	1 GM
Pittapapada (Fumaria officinalis)	1 GM
Kalmegh (Andrographis paniculata)	1 GM
Bhumyamalki (Phyllanthus niruri)	1 GM
Marich (Piper nigrum)	1 GM
Chakraphool (Illicium verum)	1 GM
Neem (Azadiricta indica)	1 GM
Yashti (Glycerrhiza glabra)	1 GM
Permitted Excipients & Preservatives	Q.S.

# **APPENDIX - II**

#### **Contents Of Tablets**

## **VAJRAORTHO**<sup>®</sup>

#### **Ingredients:**

#### Each Tablet contains

Hadjod ext. (Cissus quadrangularis)	400mg
Nirgundi ext. (Vitex negunde)	100mg
Shallaki ext. (Boswellia serrata)	100mg
Ashwagandha ext. (Withania somnifera)	30mg
Eranda mula ext. (Ricinus communis)	10mg
Arjuna ext. (Terminalia arjuna)	10mg
Shunti Ext. (Zingiber officinale)	30mg
Piperine (Piper longum)	10mg
Permitted excipients and Preservatives.	Q.S.

## **PRAKTAN**<sup>™</sup>

#### Ingredients:

Each Tablet contains

Guduchi ext. (Tinospora cordifolia)	125mg
Swarnmakshik Bhasma (Classical ayurveda formulation)	125mg
Muktashukti Pishti (Classical ayurveda formulation)	125mg
Mandur Bhasma (Classical ayurveda formulation)	125mg
Punarnava ext. (Boerhavia diffusa)	25mg
Bhringraj ext. (Eclipta alba)	25mg
Makoy ext. (Solanum nigrum)	25mg
Bhumyamalki ext. (Phyllanthus amarus)	25mg
Permitted excipients and Preservatives.	Q.S.

## LEUCOJIT®

#### **Ingredients:**

#### Each Tablet contains

Yashad Bhasma (Classical ayurveda formulation) Kukkutandtwak Bhamsa (Classical ayurveda formulation) Shankha Bhasma (Classical ayurveda formulation)	100mg 100mg 200mg
Chincha Beej (Tamarindus indica)	200mg
Bhavana with	
Vatjata (Ficus benghalensis)	Q.S.
Lodhra (Symplocos racemosa)	Q.S.
Udumber (Ficus racemosa)	Q.S.
Permitted excipients and Preservatives.	Q.S.

## **RENOVIK**<sup>™</sup>

#### **Ingredients:**

#### Each 10 gm contains

Gokshuradi guggulu (Classical ayurveda formulation)	125mg
Punarnava mandoor (Classical ayurveda formulation)	250mg
Yavakshara (Classical ayurveda formulation)	125mg
Permitted excipients and Preservatives.	Q.S.





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#### **CONTACT US**

+91 93094 44814

aastikayurveda@gmail.com | info@aastikayurveda.com Old Mumbai-Pune Road, Pune, Maharashtra, India. ZIP Code - 411018

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